



REFUSE, RETHINK, REDUCE, REUSE, RECYCLE

This Month's Focus is on "Mixed Paper"

- Did you know that paper and paper-based packaging are the most recycled materials in the United States?
- In 2018, 68.2% of the paper in the U.S. was recovered for recycling, or a total of 99 million tons. That's a 127% increase in the recovery rate since 1990.
- Approximately 80% of U.S. paper mills use some recovered recycled paper fibre to produce new paper and paperboard products.
- Paper can be recycled up to six times, before it must be discarded.
- Recycling one ton of paper can save 17 trees, 7000 gallon of water, 3.3 cubic yards of landfill space and 400 kilowatt of energy - enough to power the average U.S. home for six months - and reduce greenhouse gas emissions by one metric ton of carbon equivalent.



Things We Can Do to Reduce Paper Usage:

- Recycle only clean paper.
 - Subscribe to digital newspapers, ditching the newsprint version.
 - Set your printer to 2-sided printing.
 - Choose paper products with recycled in it.
 - Use reusable shopping bags and containers.
 - Sign up for electronic billing.
 - Register your mail preferences.
 - Remember, always use BOTH sides of paper.
- How is paper recycled..[How paper is recycled](#)

Information from:

https://www.howlifeunfolds.com/resource-stewardship/pulp-truth-can-i-recycle?&utm_medium=cpc&utm_source=google&utm_campaign=Paper+Makers+-+Resource+Stewardship+-+Phrase&utm_keyword=paper+recycling&gclid=Cj0KCQjw1ouKBhC5ARIsAHXNML_F_btZLPLxqKka934T_p8JU83pWKiQ2tGbVe5j2etBkw90N7R22laAp6BEALw_wcB&gclidsrc=aw.ds

<https://earth911.com/business-policy/paper-recycling-details-basics/>

The recycling committee is always looking for members. Check out these resources for more information;
<http://www.greeneducationfoundation.org>. www.recyclesmartma.org

<https://www.eastham-ma.gov/solid-waste-division/files/2020-2021-transfer-station-guide> Information from: <https://www.gpi.org/glass-recycling-facts>